

EVENTS for 2009

INTERACTIVE EVENTS

We're delighted to announce the 2nd topic in our "[Member Helping Member](#)" concall series:

Announcing "How to Stay Positive in Challenging Times" Concall on Thursday, September 24, at 6 PM – 7:30 PM EDT.

- Are fear and worry running your life?
- Are you struggling to get through each day
- Are you tired and stressed out
- Are you stuck and can't make the changes you want to make

Here is your opportunity to participate in a fun and interactive workshop with Life Coach Cecily MacArthur, a transition specialist, to learn powerful ways to manage the changes in your life from a positive perspective. In this session you will:

- Measure how you respond to change
- Practice techniques for quieting your negative self-talk
- Learn ways to move into more positive ways of thinking
- Develop an action plan for reaching and maintaining a positive outlook while achieving your life goals

There will be ample time for interactive Q&A with Cecily, as well.

Cecily MacArthur worked for DEC from 1975 to 1994 as an Analyst and Supervisor in Manufacturing (Westminster), as a Change Management Consultant in Corporate Manufacturing (Chelmsford) and as an Educational Consultant in Educational Services (Marlboro). She went on to be a Performance/Organizational Development Consultant in Healthcare, and has worked in hospitals across the country. In 2009, she was certified as a life coach and has established her own practice, Live Your Magnificence Coaching. Check out Cecily's website at <http://liveyourmagnificencecoaching.com/>.

HOW TO REGISTER FOR THE CONCALL:

1) You must be a paid-up member to participate in the concall - dues are only \$10/cal-year, or \$25 for 3 years - join or renew online at <http://www.deconnection.org/join.htm>

2) Send an email with your name, preferred e-mail address, and telephone number to joan@joanross.com to register, with Subject: SEPTEMBER 24 CONCALL REGISTRATION.

3) After we've received your registration, you will be sent the Concall access information. You must dial into the conferencing number - it is not a toll-free number so arrange to use a free or low-cost phone line ahead of time. We will also send you a pdf file of the speaker's Powerpoint slides with detailed info such as website URLs you will want to use. Be sure you have the free Macromedia Adobe reader software installed so you can open this file (download at www.adobe.com/reader); you do not need Powerpoint to see the slides this way.



Forward this invitation to all your ex-DEC friends and family! Participants must join, but we can have up to 100 lines on this concall. First come, first served. Register early!

Joan Ross (joan@joanross.com) is running this event and accepting your registration info. Remember, you must be a paid-up member to participate - you can check your status with Ava: webmaster@deconnection.org and join or renew ahead of the scheduled call.

If you are a DEC Connection member and missed the pilot series of the Ultimate Jobs-Finding Concalls, with 4 of our HR experts, you are entitled to download the recordings and slides. In addition, Bill Costello has posted some additional information about finding government jobs. Email webmaster@deconnection.org for details. If not a member, please join at www.deconnection.org/join.htm and email webmaster@deconnection.org for download details.

CHAPTER EVENTS COMING UP

HOLD THE DATE: **October 30 - a get-together (possibly a winetasting) and DEC Connection Annual Meeting** at a nice location in **Stow MA**. Details will be announced as available.

NH Chapter's next get-together is on Wed, August 26 - from 7-9 PM, featuring a free concert of the Compaq Big Band at the Abbie Griffin Bandstand, near the Town Hall, on 6 Baboosic Lake Road, Merrimack NH. Bring your picnic basket with supper, and a blanket or lawn chairs and insect repellent for comfort. Look for our DECconnection banner for the gathering spot. No RSVP necessary. In the event of rain the concert moves indoors to nearby Merrimack High School Little Theater at 38 McElwain Rd.

Westfield MA (WFO) - Announcing the 1st-ever reunion for all employees who ever worked at WFO - Westfield MA manufacturing facility - will be **September 12, 2009** at The Elks Club, off Lower Westfield Street, Holyoke, MA "from 1 PM till they close the joint down". Email John Crabtree and Kevin O'Leary if you are interested. John at crabtree@charter.net, or call 864.862.6737; Kevin at kjo5285@msn.com.

Zul Abbany is planning a **reunion on Thurs., October 15, 2009 starting at 6 PM in Raleigh NC**. Details will be published shortly - SAVE THE DATE for now! Contact him if interested: zul.abbany@stromasys.com. Please forward this info to all your friends in the Carolinas.

New Chapter starting in the **Pittsburgh PA (PTO)** area: contact Bill Costello at bill.costello@ang.af.mil.

Membership Updates

Welcome to our new members since last issue: Joe Famularo, Joe Harris, Tom Hartwell, Greg Hoffman, Greg Liverman, Cecily MacArthur, Richard Mollin, Mark Pucciarelli, Kevin Simmons, Bill Slater III, and My-Quan Tran.

Re-welcome to our renewing (R) members: Tom Barnett, Anker Berg-

Sonne, Sanford Schulman, and Van Smick.

In addition, the Board voted honorary lifetime memberships for Ken Olsen and Win Hindle, in appreciation and admiration.

Great to have you all aboard!

DECconnection Newsbytes: Job announcements/changes or just personal news you'd like to share - **Send us your newsbyte and we'll include it here!** webmaster@deconnection.org



- **Sue Vezina** is now working in Event Management, supporting IBM software events, at George P. Johnson, 711 Atlantic Ave., Boston: Would love to hear from old friends (and new) at home Office: 603-672-0384.
- **John Lindgren** has started a new career in Non-Profit Fundraising. He is now the Director of Development for Rape Crisis Services of Greater Lowell.
- **Peter Powell** writes: In 2007 I turned over a new leaf and committed myself to photography as a business. I am sure glad that I did. I cover weddings, b'nai mitzvah, and other social events and take senior, family & group portraits. I also help to give greater visibility to small businesses through effective advertising. See <http://www.peterpowellphotography.com/> for ideas. Referrals appreciated.
- **Jack Conaway**, who worked at DEC in product line and marketing groups from 1979 to 1993 (ESG, CAEM, CIM, Auto Industry) completed 800 miles on the Appalachian Trail on May 28, 2009 from Springer Mountain, Georgia to Bald Mountain, Virginia. He abandoned his thru-hike of the AT after contracting giardia and losing 31 pounds. Jack, who is retired had his 67th birthday on the trail in Georgia. He is recovered now and looking forward to his next adventure.
- **Ned Berube** sent in the photo (at right) of the newly dedicated Carlisle Veterans' Honor Roll/Memorial. "This is a project I worked on for over two years with the Carlisle Honor Roll committee to help replace the old wooden bulletin board honor rolls that were fast deteriorating. We had some 300 people attend the dedication."

Sad News Department:

- Jamie Lianides wrote to inform us of the passing of her mother, DECconnection member **Jennie Lianides**, on July 11th. [Link to Worcester Telegram-Gazette obituary.](#)
- We are also sad to report the death of **Andy Knowles** on July 24, following complications from heart surgery. Andy was a VP of various market/product groups (Components, Industries) in the 1970s-1984. [Link to Boston Globe obituary.](#)

Website Updates

- Bill Costello, our government jobs expert, has posted additional information on the website (for members only).
- Peg Masjoan is the model for this LA50 Brochure (at right)! She now lives near Tampa FL. [Link to the story on our promo museum page.](#)
- Be sure to take advantage of our Member Business page listings: www.deconnection.org/MemberBusinesses.htm Paid-up members can send your info to webmaster@deconnection.org to be included.
- If you are a member you are entitled to join our Linked In DECconnection Group at no additional charge. Send email to webmaster@deconnection.org or from within LinkedIn to request being added.

