

REBOOT YOUR LIFE



A book, a community, a movement

“What an incredible opportunity to become immersed in planning the next leg of my life journey. The insights, ideas, and experiences we shared as a group were powerful, provocative, and empowering. I can't wait to put the learnings into practice.”

~Reboot Your Life™ Retreat Participant

Are you feeling:

- **Disengaged and too tired to figure out how to change that?**
- **Overwhelmed by the constant 24/7 work life?**
- **A yearning for an adventure, or extended travel to recharge your batteries?**
- **A need for time to heal your heart and/or body? Or to get on a path of wellness?**
- **A need for a community to help support planning the next chapter of your life?**

Join us for a long weekend in one of four beautiful locations and discover how to reboot and recharge your life with our REBOOT YOUR LIFE™ Retreat.

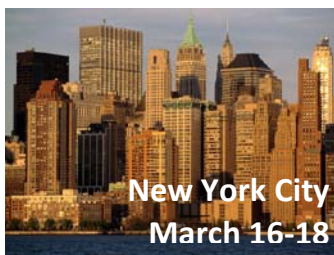
Whether you are figuring out if you can take a sabbatical, are deep in the planning, or in between jobs and trying to decide what to do next, you will benefit from a personalized plan in a small group setting offered by “The Sabbatical Sisters.” You’ll take home concrete ideas and plans of action - from making the first decision to take time off, to developing your funding strategy, to discovering how to make the best use of your time. Our retreats provide knowledge, experience, and a sense of community.

Our workshops and retreats have been featured in the New York Times, the Wall Street Journal, the New York Post, and on Martha Stewart Radio, Oprah’s OWN Network, and WPIX New York.

Reboot Your Life™ Retreats cover these important topics:

- Overcoming emotional hurdles to taking time off work
- Turning job loss into an “unexpected sabbatical”
- Managing and planning for the stages of your Reboot Break
- Building support from family and friends
- Funding your time off
- Pre-retirement planning
- Deflecting robbers of your free time
- Re-entry: Now what?
- Living the lifelong sabbatical

Reboot Your Life Retreat Locations for 2012:



Registration fee is \$1250, includes all workshops, meals, and optional yoga sessions. Sign up more than 30 days before the retreat and get \$150 off the registration fee

For more information or to register, contact us at Sabbaticals@RebootBreak.com or visit us on the web at www.RebootBreak.com